# sticky fingers

# **BRUNCH**

### PRICES AND AVAILIBILITY SUBJECT TO CHANGE

# MAINS

#### FRENCH TOAST STICKS 8

w/ house-made challah bread NF

#### **AVOCADO TOAST 12**

Smashed avocado, marinated tomato, Violife feta, fresh radish, mixed micro-greens NF

#### **BEYOND HANDCAKE 11**

Beyond patty, house-made tofu egg, 100% maple syrup stuffed between two fluffy pancakes NF

## **BENEDICT FLORENTINE 14**

Scrambled tofu, fennel seitan sausage, hollandaise, sautéed spinach, house-made cruffin served w/ roasted potatoes NF

#### **CHILAQUILES 14**

Tofu-scramble, black beans, poblanos, roasted tomatoes, Rojo sauce and cilantro crema served w/ tortilla chips or roasted potatoes GFO

# **BISCUITS AND GRAVY 12**

House-made biscuits smothered in our southern-style beyond sausage gravy NF

#### **CLASSIC BURGER 16**

Beyond or impossible patty, lettuce, tomato, caramelized onion, pickles, garlic aioli SFO/WFO

# SALADS

## **HOUSE SALAD 8**

Seasonal greens, tomatoes, cucumbers, red wine vinaigrette NF/GF

### **CAESAR SALAD 11**

Mixed lettuce, almond Parmesan, croutons, pickled red onions, creamy Caesar dressing NFO/WFO

#### **ARUGULA SHROOM CROISSANT 11**

house-made croissant, tofu egg patty, sautéed cremini mushrooms, baby arugula NF

#### **BEYOND CROISSANT 11**

Tofu egg, Violife cheddar, house-made croissant, Beyond patty, tofu NF

### **BUFFALO CAULIFLOWER 12**

Spicy whipped cashew and cauliflower dip served with tortilla chips WFO

### **SEITAN & WAFFLES 14**

Served with 100% maple syrup and hot sauce NF

#### PANCAKES 12

Three plain pancakes w/butter and 100% maple syrup NF  $\,$ 

#### **BLUEBERRY PANCAKES 13**

Three blueberry pancakes, sweet cinnamon butter  ${\sf NF}$ 

## SINGLE WAFFLE 8

Served with berries and 100% maple syrup NF

# SMOOTHIE BOWL 11.50

Blueberries, peaches, strawberries, oat milk almond granola SFO/NFO/WFO

# **SHIITAKE RANCH 14**

Baby kale, shiitake bacon, diced tomatoes, cucumbers, chickpeas, roasted sunflower seeds, avocado, cucumber ranch dressing NF/GF

# SIDES & EXTRAS

CHEESEY MAC SIDE 6 GFO/NFO

**ROASTED POTATOES 5.75 NF** 

SAUTÉED SWISS CHARD 4 SF/NF/GF

FENNEL SEITAN SAUSAGE 5 NF

KUNG PAO BRUSSELS 8

FRENCH FRIES BASKET 5 NF/SF

SAUTÉED BRUSSELS SPROUTS 5 GF

GARLIC HERB BROCCOLI 5 NF

ROASTED MUSHROOMS 5 SF/NF/GF

SAUTÉED SPINACH 4 SF/NF/GF

# BRUNCH CONTINUED

#### **BAKERY**

CROISSANT 5 NF BROWNIE 3 NF CAKE SLICE 9 GFO ALMOND CROISSANT 6 DANISH 5 CHOCOLATE CROISSANT 6 NF STICKY BUN 4.25 CHALLAH 8 NF ASSORTED COOKIES 3- 4 NF TIRAMISU 8 NF

## **SHAKES**

CHOCOLATE 9 NF/GF VANILLA 9 NF/GF STRAWBERRY 9 NF/GF

SMORES 9 NF COOKIE DOUGH 9 NF

# HOT & COLD DRINKS

COLA 3.45
DIET COLA 3.45
LEMON LIME SODA 3.45
GINGER BEER 3.45
BLUEBERRY SODA 3.45
ICED TEA 3.45
CRANBERRY JUICE 4
ORANGE JUICE 4
VANILLA "EGG" CREAM 4

We serve Good Brew  $^{\!\mathsf{TM}}$  coffee & Teaism  $^{\!\mathsf{TM}}$  teas.

CHOCOLATE "EGG" CREAM 4
DRIP COFFEE 3
ICED COFFEE 3
ESPRESSO 3
AMERICANO 3.25
CAPPUCCINO 3.50
LATTE 4
HOT CHOCOLATE 5
HOT TEA 3.45
EXTRA ESPRESSO SHOT 2

# CUSTOM CAKES

# CUSTOM CAKES

We make custom cakes from scratch. From Sweethearts to Fancy Cakes just follow these 7 simple steps to a flawless and delectable, hand-made vegan delight (72 hour notice required):

- 1. SET A DATE
- 2. PICK A DESIGN
- 3. CHOOSE 6"/9" 4. PICK FLAVOR
- 5. PICK FILLING
- 6. PICK FROSTING



#### COOKIES BY MAIL

Order a Cookie of the Month subscription box and receive a recurring shipment of our freshly baked, seasonal cookie flavors for only \$25 a pop.

Each shipment includes 3 classic and 3 sandwich cookies.



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# BREAKFAST ALL DAY

#### **BEYOND HANDCAKE 11**

Beyond patty, house-made Tofu-egg patty, pancakes, pure maple syrup NF

#### **PANCAKES**

#### **BLUEBERRY PANCAKES 13**

Three pancakes served with cinnamon spread and 100% maple syrup NF

# **CHILAQUILES 14**

 $Scrambled\ to fu,\ black\ beans,\ poblanos,\ roasted$ tomato Rojo sauce, cilantro crema served w/ tortilla chips and roasted potatoes GFO

#### **BEYOND CROISSANT 11**

House-made croissant, Beyond patty, tofu-egg patty, Violife cheddar NF

#### **BAKERY**

**CROISSANT 5 NF** BROWNIE 3 NF **CAKE SLICE 9 GFO** ALMOND CROISSANT 6 **DANISH 6** 

#### **SHAKES**

**CHOCOLATE 9 NF/GF** VANILLA 9 NF/ GF STRAWBERRY 9 NF/GF

#### ARUGULA SHROOM CROISSANT 11

Tofu-egg patty, sautéed cremini mushrooms, baby arugula, house-made croissant NF

#### **BENEDICT FLORENTINE 14**

Three pancakes, spread and pure maple syrup NF Scrambled tofu, fennel seitan sausage, hollandaise, sautéed spinach, house-made cruffin, roasted potatoes NF

#### **SMOOTHIE BOWL 11.50**

Peaches, bananas, blueberries, strawberries, coconut, house-made almond granola, oat milk SF/NFO/GFO

TOFU SCRAMBLE 4 NF/GF

**CHOCOLATE CROISSANT 6 NF** STICKY BUN 4.25 **CHALLAH 8 NF ASSORTED COOKIES 3-4 NF TIRAMISU 8 NF** 

S'MORES 9 NE **COOKIE DOUGH 9 NF** 

# HOT & COLD DRINKS

**COLA 3.45** DIET COLA 3.45 LEMON LIME SODA 3.45 **GINGER BEER 3.45 BLUEBERRY SODA 3.45 ICED TEA 3.45** HOMEMADE LEMONADE 4 **CRANBERRY JUICE 4 ORANGE JUICE 4** VANILLA "EGG" CREAM 4

We serve Good Brew<sup>TM</sup> coffee & Teaism<sup>TM</sup> teas. CHOCOLATE "EGG" CREAM 4 **DRIP COFFEE 3 ICED COFFEE 3 ESPRESSO 3 AMERICANO 3.25 CAPPUCCINO 3.50** LATTE 4 MATCHA LATTE 5 **HOT CHOCOLATE 5** HOT TEA 4

# sticky fingers

#### **STARTERS**

# PRICES AND AVAILIBILITY SUBJECT TO CHANGE

#### PLANT-BASED CHARCUTERIE **BOARD 20**

Herbed chevre, almond cheddar, smoked cashew mozzarella, capicola, pepperoni, chorizo served with pickles, and crackers

#### **BUFFALO CAULIFLOWER 12**

Spicy whipped cashew cauliflower dip, house-made tortilla chips GF

# **POLENTA FRIES 12**

tomato jam NF/GFO

#### SOUTHERN FRIED CHICKEN WINGS 14

Chickpea tenders, buffalo, mumbo, or BBQ sauce, house made blue cheese style dressing, veggie strips NF

#### **ENTREES**

#### **CHEESEY MAC 14**

Organic orecchiette, house-made cheesy sauce, broccoli, almond Parmesan NFO

#### **CHICKPEA STEAK PLATTER 17**

Southern fried chickpea seitan, crispy roasted potatoes, crispy roasted potatoes, sautéed seasonal greens, savory gravy NF

#### SANDWICHES

# **CLASSIC BURGER 16**

Beyond or Impossible patty, bib lettuce, Roma tomato, caramelized onion, pickles, garlic aioli, house-made bun SFO/WFO/NFO

#### **REUBEN 16**

Vertage pastrami, mushrooms, caramelized onions, sauerkraut, Russian dressing, spicy mustard, marbled rye NF

# THE MEXICALI BURGER 17

Beyond or Impossible patty, spicy cashew cheese, garlic aioli, sweet pickled jalapenos, bib lettuce, Roma tomato, house-made bun SFO/WFO

### SALADS

#### **HOUSE SALAD 8**

Seasonal greens, tomatoes, cucumbers, red wine vinaigrette SF/NF/GF

## CAESAR SALAD 11

Mixed lettuce, almond Parmesan, croutons, pickled red onions, creamy Caesar dressing , NFO/WFO

#### SIDES & EXTRAS

CHEESEY MAC SIDE 6 WFO

**ROASTED POTATOES 5.75 NF** 

SAUTÉED SWISS CHARD 4 SF/NF/WF

FENNEL SEITAN SAUSAGE 5 NF

KUNG PAO BRUSSELS 8

#### CALAMARI 10

Crispy spiced oyster mushrooms, marianara and lemon wedge SF/ NF /GF

#### **POUTINE 12**

rosemary-herbed fried cornmeal served with garlic aioli and tomato jam dipping sauces

## **BURRATA 16**

Cashew-almond house-made Burrata, arugula, Crispy rosemary-herbed polenta, garlic aioli, almond-basil pesto, crispy capers, marinated watermelon, sliced baguette GFO

#### PIROGIE 16

Garlic & onion potato pirogie, sauerkraut, sour cream, sautéed seasonal greens NF

#### SEASONAL COCONUT CURRY 17

Ginger-coconut curry, seasonal greens, chickpeas, tofu, squash, cilantro rice. NF/GF

#### **BBQ SANDWICH 15**

Southern fried chickpea seitan steak, BBQ sauce, house-made blue cheese style dressing, bib lettuce, Roma tomato, red onion, house-made bun NF

## **IMPOSSIBLE MEATBALL SUB 16**

Meatballs, marinara, Violife cheese, fresh baguette NF

# **SHIITAKE RANCH 14**

Baby kale, shiitake bacon, diced tomatoes, cucumbers, chickpeas, roasted sunflower seeds, avocado, cucumber ranch dressing NF

FRENCH FRIES BASKET 5 NE/SE

PAPAS BRAVAS 7 SF/NF/WF

SAUTÉED BRUSSELS SPROUTS 5 WF

GARLIC HERB BROCCOLI 5 N

ROASTED MUSHROOMS 5 SF/NF/WF

SAUTÉED SPINACH 4 SF/NF/NF

SF SOY-FREE / GF GLUTEN-FREE / NF NUT-FREE / GFO